



3210 Harvester Road, Burlington, Ontario, L7N 3T1 P 1.877.663.0223 F 905.639.3810 www.onefertility.com

Suprefact Injection Teaching:

- 1. The suprefact vial is supplied with a plastic cap which can be removed by pressing upwards with the thumb. This cap serves to ensure that the vial has not been previously entered. After removal (the cap can be discarded) the rubber diaphragm of the vial is exposed.
- 2. Wash your hands with soap and water and dry on a clean towel.
- 3. Clean the rubber diaphragm of the suprefact vial with an alcohol swab. Leave to dry.
- 4. Remove the disposable syringe and needle from its sterile packaging.
- 5. Remove the needle cap.
- 6. Without touching the needle with your fingers, push the needle through the centre of the rubber diaphragm of the vial.
- 7. Keeping the needle in the vial, invert the vial into the vertical position (upside down) adjusting the needle tip to a position below the surface of the solution in the vial.
- 8. Draw the required solution from the vial by pulling back on the syringe plunger to **0.2 ml.**
- 9. Carefully withdraw the needle and syringe assembly from the vial.
- 10. Choose your injection site and clean the skin with an alcohol swab.
- 11. Pinch the site, if you wish, between index finger and thumb and, with the needle at a 90 degree or 45 degree angle, introduce the needle quickly under the skin as far as possible.
- 12. Push the plunger steadily to inject the solution.
- 13.Upon completion of the injection, remove the needle in a reverse fashion of the entry motion. Hold pressure to injection site after removal of the needle.
- 14.Discard needle and syringe along with the swab in a safe manner. Return Suprefact vial to its storage area.