



Ontario Network
of Experts in Fertility
life through knowledge



Department
of Obstetrics
and Gynecology

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Specimen Collection Instructions

Sperm Function Test and Sperm Motility Assay

By Appointment ONLY

- There is a fee for this test. There is an additional fee for Retrograde Assessment. The fee is payable at the time of your appointment. Please ask about what the current fee is when you call to book this appointment.
- The test looks at volume, motility (movement), viability, morphology (shape) among other things.
- To book the appointment please call 905-634-4440. Please have your Health Card available at the time of appointment booking. Be aware that the appointments fill quickly.
- You should abstain from sexual activity for a minimum of 2 days to a maximum of 7 days before you collect your specimen.
- Specimen must be collected by masturbation in a sealed, sterile container. If a portion of the specimen is lost, please inform the lab staff when you drop off the sample. A second sample may be required on a different date.
- Seal the container tightly and label with your first and last name as well as the time of collection. Keep the sample at body temperature during transport by keeping it in an inside breast pocket or under your arm.
- The specimen must be delivered to the lab within 60 minutes of collection. Your health care and a doctor's requisition form must be presented when you drop off your sample.
- We encourage you to collect the sample at home if you live less than an hour away. If this is not possible, a private specimen collection room is available if you wish to collect our sample on site. The room contains pornographic material. If you prefer the adult material removed in advance, please inform the ONE Fertility receptionist when booking the appointment.
- Results are available within 7 to 10 business days to your physician.