



Orgalutran[®]
ganirelix

A GUIDE FOR PATIENTS

How to use Orgalutran

This booklet is only for patients
prescribed Orgalutran

 **ORGANON**
Fertility

Introduction

As part of your treatment, your doctor has prescribed Orgalutran. This leaflet describes what Orgalutran is, how to store it and answers some common questions about Orgalutran.

Information contained within this booklet is for educational purposes only. Speak to your doctor or in vitro fertilisation (IVF) clinic if you have any questions about Orgalutran or the information provided in this booklet.

Further information about Orgalutran can also be found in the Consumer Medicine Information (CMI) leaflet which is available online at organon.com/australia or from your local pharmacy or fertility clinic.



What is Orgalutran and what is it used for?¹

Orgalutran is used together with other medications to regulate hormone response in women undergoing Assisted Reproductive Technology such as in vitro fertilisation (IVF).

Orgalutran works by preventing women from ovulating (releasing an egg from the ovary) too soon during stimulation of their ovaries to produce a mature egg.

Before you use Orgalutran¹

Do not use Orgalutran if:

- You are allergic to any of the ingredients contained in this medicine (refer to the CMI) or any other similar medicines or substances
- You are pregnant or breastfeeding
- You have moderate to severe kidney or liver disease
- The solution is not clear and colourless
- The expiry date on the pack has passed or the package shows any signs of tampering

Tell your doctor if:

- You have any other medical conditions
- You are currently experiencing allergic symptoms
- You have allergies to any other medicines, substances such as foods, preservatives or dyes

Note: The needle shield of Orgalutran contains dry natural rubber/latex which may cause allergic reactions.

If you are not sure whether you should start using Orgalutran, talk to your doctor.



Storage of Orgalutran¹

Store Orgalutran in its original package, keeping the syringe in the outer carton to protect it from light. Orgalutran should be stored below 30°C (do not freeze, as the syringe may break).

Keep Orgalutran in a safe place away from the sight and reach of children.



Product image shown for illustrative purposes only

How to use Orgalutran¹



Your doctor will advise when you need to start injecting Orgalutran. Usually Orgalutran treatment will commence after 5 days of a treatment that stimulates your ovaries.



Orgalutran is given as a subcutaneous (under the skin) injection in the thigh or stomach. The injection site should be changed every day to lessen possible injection site reactions.



Your Orgalutran injections will continue until your doctor confirms that sufficient response to the stimulation of your ovaries has occurred.



If you forget to use Orgalutran¹

If you forget an injection, contact your doctor or IVF clinic immediately for advice.

Do not inject a double-dose to make up for the forgotten dose.

Possible side effects¹

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some of the side effects.

Tell your doctor if you notice any of the following and they worry you:

- Redness, pain or swelling at injection site. Usually these symptoms disappear within a few hours after injection
- Headache
- Nausea
- Tiredness

Tell your doctor immediately if you notice any of the following:

- Shortness of breath, wheezing, difficulty breathing or a tight feeling in your chest
- Swelling of the face, lips, tongue or other parts of the body
- Rash, itching, hives or flushed, red skin

These are symptoms of an allergic reaction and may be seen as early as after the first dose.

Other side effects are known to occur with Assisted Reproductive Technology (ART) procedures. These may include:

- Ovarian Hyperstimulation Syndrome (OHSS). Since overstimulation can occur rapidly, you must contact your doctor if you experience any of the following: pain in the abdomen or pelvis, indigestion, nausea, vomiting, weight gain, shortness of breath, reduced amounts of urine, diarrhoea and painful breasts
- Vaginal bleeding
- Miscarriage
- Ectopic pregnancy

The incidence of ectopic pregnancies (embryo implanted outside the womb) and congenital malformations (a physical defect present in a baby at birth) after ART may be higher than after spontaneous conceptions.

Tell your doctor if you notice anything that is making you feel unwell. Other side effects not listed may occur in some people.

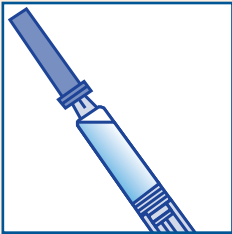
If you have any questions, concerns or problems related to the injection procedure, please contact your doctor or IVF clinic.

How to inject Orgalutran¹



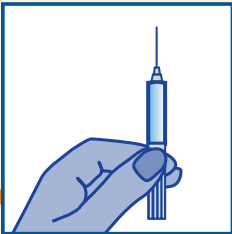
1 Preparing the injection site

After thoroughly washing your hands with soap and water, swab the injection site with disinfectant on an area (thigh or stomach, near the navel) about five centimetres around the site to remove any surface bacteria. Let the disinfectant dry for at least one minute before proceeding.



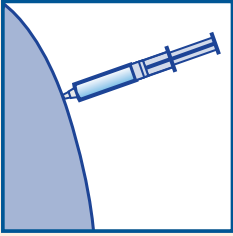
2 Opening the outer pack and plastic container inside

While waiting for the disinfectant to dry, open the Orgalutran pack and remove the plastic container. Carefully open the container and remove the Orgalutran syringe. You will see the needle is already attached, covered by a grey needle shield.



3 Preparing the syringe for injection

Remove the needle shield and discard it in a sharps-disposal bin. You are now ready to inject Orgalutran.



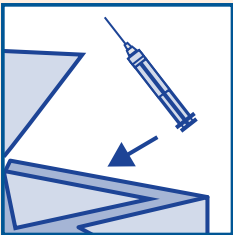
4 Inserting the needle and injecting

Pinch a large bit of skin at the injection site between your thumb and forefinger. Insert the needle at the base of the pinched-up skin at an angle of 45 to 90 degrees to the skin surface. Gently draw back on the plunger to see if the needle is inserted correctly.

If blood appears in the syringe, the needle is not inserted correctly so do not inject Orgalutran. Remove the needle, cover the injection site with a sterile swab and dispose of the syringe in a sharps-disposable container. Start again with a new syringe.

If the needle has been inserted correctly, depress the plunger slowly and steadily until all the solution has been injected.

Vary the injection site each time to minimise local irritation.



5 Removing the needle

Pull the needle out of the skin quickly and apply pressure to the site with a swab containing disinfectant. Dispose of the syringe (with the attached needle) in a sharps-disposal bin.

It is important to remember that your Orgalutran syringe can only be used once and then dispose of it in a sharps-disposal bin.



**To view video
demonstration online**

Scan QR code or visit
[orgalutran.organonconnect.com.au](https://www.orgalutran.organonconnect.com.au)

Password: Support1

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Reference: 1. Orgalutran Consumer Medicine Information (CMI).

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