



Your mHCG Injection

1. Prepare your supplies:
 - a. 1 syringe (1 ml)
 - b. 2 alcohol swabs
 - c. Medication vial (HCG 10,000 USP) *Please remember to keep your medication in the fridge and return the vial after your cycle for proper disposal to our pharmacy. The medication is good for 1 month after 1st use.
2. Take your syringe out of the package. Use a new syringe each time.
3. Open your alcohol swab and clean the rubber stopper with one alcohol swab. Allow to dry.
4. Pull off the needle cover
5. Keep the medication vial on your flat working surface and insert the needle straight down through the center of the rubber stopper.
6. Keeping the needle in the vial, turn the vial upside down as in photo below and pull on the plunger to fill the syringe with the medication until the top of the black rubber piece is at **0.1ml**. Make sure to hold your plunger in place when you have your measurement.
7. Pull the needle out of the medication vial once you have the correct measurement.
8. Inject your medication as per nursing instruction.
9. Discard needle and syringe as per nursing instruction.
10. Place your vial of medication back in the fridge.

